



December 2015

It's Christmas Day - No Meeting!

Date: 12/25/15

Praeclarus Members' Only Holiday Party

Consumable Gift Exchange

Bring a \$25 consumable gift - something that should be enjoyed within the next year and be prepared for a slightly different gift exchange.

Date: 12/18/15

Marianne Bruvel - Art dealer - Bruvel Editions

French Visionary Artist: Gil Bruvel

For 22 years Marianne built the art career, branding and culture surrounding the distinguished success of French visionary artist Gil Bruvel whose creative endeavors achieved international recognition—garnering a multitude of awards, an enviable following, and a loyal clientele which spans throughout 6 continents. In 2011 Marianne established Bruvel Editions, LLC which markets and promotes Bruvel artwork – limited edition fine art prints, limited edition bronze sculptures and functional art. Marianne will be discussing the works of Gil Bruvel.

Bruvel Editions, LLC
324 W. 6th
Houston, TX

808-280-1804 brueleditions@gmail.com

Date: 12/11/15

Kathryn Hall - Curator, Houston Center for Contemporary Craft

Houston Center for Contemporary Craft: Celebrating 15 Years

Since its foundation in 2001, Houston Center for Contemporary Craft continues to advance education about the process, product, and history of craft. At HCCC, visitors have the opportunity to experience the full range of the creative process by visiting our Craft Garden, the artists-in-residence studios, Asher Gallery, and our cutting-edge exhibitions. Curator Kathryn Hall will speak about this history as well as introduce HCCC's upcoming exhibition schedule.

Houston Center for Contemporary Craft

Date: 12/4/15

November 2015

Enjoy your Holiday!

Date: 11/27/15

Chase Untermeyer - Former US Ambassador to Qatar

Ambassador Untermeyer will give some of the techniques for effective public behavior found in his book HOW IMPORTANT PEOPLE ACT, copies of which will be available after he speaks.

10000 Memorial Drive, Suite 920
Houston, Texas 77024

713-683-9888 713-683-9896 Fax chase@untermeyer.com

Date: 11/20/15

Meagen Smekar - Market Intelligence Manager

Market Intelligence: turning information into insights

Upstream PSCM
501 Westlake Park Blvd.
Houston, TX 77079

989-980-5379
Meagen.Smekat@bp.com

Date: 11/13/15

Holiday Ideas for Decor & Foods!

Bring along your creative and easy ideas for decorating your home and/or preparing holiday snacks and foods for entertaining. If you have recipes or instructions, bring along enough printed copies to share with everyone. (25+)

Date: 11/6/15

October 2015

Colleen Dillahunt - Family Activities Coordinator

Playing with Children

Colleen loves children. She was in family church ministry for 25 years and began working with Ronald McDonald House in 2013. She engages with and supports corporate and community volunteers in coordinating activities for families staying at Ronald McDonald House. In addition, she and her husband have been very active in fostering children in CPS custody. Currently they have 5 children in their home: their biological teenage daughter, 2 children they adopted, and 2 they are fostering. They have begun the adoption process for one of the foster children.

Ronald McDonald House
1907 Holcombe Blvd.
Houston, TX 77030
Date: 10/30/15

Anita Gaylor - Owner, Cottage288

The Road to Cottage 288

Anita Gaylor started her career as a CPA, but swayed by her husband's family business AI's Formalwear, she quickly found her "calling" in retail. She will share her journey from creating a couture bridal concept and opening Louise Blum Bridal Salon for AI's to her years as a volunteer and stay at home mom to her re-entry into the workforce and the launch of Cottage288.

Cottage288
anita_gaylor@hotmail.com
Date: 10/23/15



Ana Schick - Executive Director

Small Steps and a Leap of Faith

Since February 2013, Ana Schick has served as Executive Director of Small Steps Nurturing Center, an exemplary early childhood program serving economically at-risk children and families in the First, Second, Fourth, and Fifth Wards of Houston. Prior to joining Small Steps, Ana served as Executive Director of Interface-Samaritan Counseling Centers for five years, where she led that organization through a period of growth and transformation. Ana is also a past President of the Junior League of Houston. Prior to her nonprofit work, Ana worked at Vinson & Elkins law firm for ten years in various capacities, primarily doing recruiting and client development and marketing. Ana is a Louisiana native and graduated from LSU.

Small Steps Nurturing Center
2902 Jenson Drive
Houston, Texas 77026

713-236-0030
aschick@ssnc.org
Date: 10/16/15

Shari Fish - Certified Wellness Coach

"As Life Unfolds..."

While earning her Master's degree in Educational Psychology/Counseling, Shari was searching for an efficient, effective, and positive means to help her clients overcome self-doubt, stress, anxiety, habitual behaviors, and personal challenges in order to create healthier, richer and more balanced lives. Thus began her personal and professional journey into coaching and consulting. Through the facets of Positive Psychology and the coaching practices of Appreciative Inquiry and Motivational Interviewing, Shari helps clients identify and celebrate their personal strengths, values, and motivators while creating the lasting change they desire and deserve. In 2009, Shari founded Shari Fish Wellness, a consulting and coaching practice focused on challenges facing teens, young adults, and women as they overcome personal obstacles and ultimately create the lives they desire and deserve. By working in concert with her clients, they experience increased life satisfaction, self-efficacy, and truly become their "best selves." Shari will speak her own personal experiences as her life has unfolded and will guide the group through introspection, as well.

Shari Fish Wellness...Create a Balanced Life
4265 San Felipe, Suite 1100
Houston, Texas 77027

713-899-6159
<http://sharifishwellness.com>
shari@sharifishwellness.com
Date: 10/9/15

Hope Fonte - Member

In August some of us learned just enough about our technological world to be dangerous. Hope has graciously agreed to give us a few more hints and lessons for using the internet and other social and professional media. If you have some specific questions, send them to Hope or bring them to the meeting.

Date: 10/2/15

September 2015

Patti Creed

Trying New Things: A Tour Through Houston via Segways

Patti and her husband, Matthew, began their company, Apollo Scooters, in 1999. After looking for uses for segways and with an interesting experience on Groupon, they started Segway Tours of Houston in 2008. Their story will cover the entrepreneurship of using different ideas and seeing Houston through a different vantage point.

Segway Tours of Houston
2103 Gray Street
Houston, TX 77003

866-673-4929
segwaytoursofhouston@gmail.com

<http://segwaytoursofhouston.com>
Date: 9/25/15

Praeclarus Retreat (Historic JW Marriot, DT Ho.)

Date: 9/18/15

Donna Milstein - member

Drugstore Beauty Exchange

This members' meeting will be a fast moving, informative exchange on skincare ideas. Hints on applications, skincare salons/spas, success stories, resources, beauty tips and especially your favorite beauty products. Drop me an email now to have your idea listed in the handout. Come prepared with your beauty hints and finds and expect to have fun. You might even win a prize!

Donna Milstein Consulting
1707 Post Oak Blvd #236
Houston, TX

713-984-1242
donnamilstein@hotmail.com
Date: 9/11/15

Off for Labor Day

Date: 9/4/15



August 2015

Dr. Jennifer Peterson

What to know about CoolSculpting, VelaShape and Ultherapy

Dr. Peterson has been practicing dermatology since 2010. A graduate of Texas A&M University and Texas Tech University Health Sciences Center School of Medicine, she completed her dermatology residency training at Texas Tech. Dr. Peterson also completed a prestigious fellowship in Cosmetic Laser Dermatology in La Jolla, California, and has participated as an investigator in numerous cosmetic dermatology and surgery studies. She is certified by the American Board of Dermatology and the American Board of Cosmetic Surgery in dermatologic cosmetic surgery. She is a Fellow of the American Academy of Dermatology and is a member of the American Society of Dermatologic Surgery, American Academy of Cosmetic Surgery, American Society for Laser Medicine & Surgery, the American College of Phlebology, the Texas Dermatological Society and the Houston Dermatological Society. She has been recognized by many organizations for excellence, including Patients' Choice Award (2012 & 2013), Patient's Choice Compassionate Doctor Award (2012), Houstonian Magazine Top Doctor (2013), H Texas Magazine (voted Top Doctor 2014-2015), and Houston's Doctors Choice Awards in Dermatology (2014).

Coolsculpting: Developed by scientists from Harvard University, the CoolSculpting procedure relies on a proven, proprietary process called Cryolipolysis® that freezes unwanted fat cells, effectively destroying them without harming the skin or nearby tissues, as liposuction does.

Velashape: VelaShape is an innovative, non-surgical, FDA-cleared device that smooths cellulite and eliminates inches from the abdomen, buttocks, and thighs. It combines radiofrequency and infrared energies to shrink fatty tissues in the targeted areas. In addition, VelaShape uses vacuum and mechanical massage to even out the skin and reveal a smoother, tighter figure. VelaShape is ideal for:

- Cellulite reduction
- Circumferential reduction of waist, hips, and thighs
- Post-baby treatment for both circumferential and stretch mark reduction
- Post-liposuction treatment to tighten and smooth treatment areas
- Enhancing fat reductions treatments such as CoolSculpting®

Ultrashape: UltraShape is the first and only FDA-cleared non-invasive treatment to use proprietary focused pulsed ultrasound technology for permanent body contouring and circumferential reduction of the abdomen. Because the ultrasound energy is focused and pulsed, UltraShape can target the fat without heating or damaging the surrounding tissue, for a painless experience that allows patients to see results after three treatments spaced two weeks apart.

www.sba-skincare.com/cosmetic-dermatology

Date: 8/28/15

Zoey Leslie Hess - Author & Inspiring 11 year old

Coping with the death of a loved one is arguably the most difficult task that we all must face at some point. As challenging as it is for adults to make sense of a significant loss, children who are bereaved have the dual burden of trying to understand what "death" actually means, while observing and absorbing the powerful grief reactions of the adults in their lives. In "The Birthday of an Angel," Zoey Hess reminds adults and children alike that there is such thing as "good grief". Her inspirational story teaches us how to foster positive and healthy connections with those we love after they have died.

khess@CompuCycle.net

www.thebirthdayofanangel.com

Date: 8/21/15

Deborah Kainer - Member

The Mask You Live In & #LikeAGirl. An update (after 40 years) on gender biases.

Are school shooters and mass murderers really born out of an aggressive emphasis on masculinity in our society? Our boys are in crisis, and it's time to do something about it.

A new film, The Mask You Live In, explores the confining stereotypes that boys are exposed to as they become men. Through personal narratives and expert commentary, the film delves into the destructive and often conflicting messages that boys are being subjected to on a daily basis. Messages that favor dominance over empathy. Physical strength over compassion. Violence over kindness. Sex over love.

The Mask You Live (3 min.)

www.youtube.com/watch?feature=player_detailpage&v=hc45-ptHMxo

Is Masculine Culture Toxic for Boys? (3 min, 40sec)

www.youtube.com/watch?feature=player_detailpage&v=BbLK-2RYnD8

deborah.kainer@gmail.com

Date: 8/14/15

Hope Fonté - Member

Tech U Luv :) Tips, Apps & Fav Resources

Share your favorite, tech tips, apps and web resources you've been excited to discovered.

Consider the following:

What tech helps your daily life be easier to navigate and more enjoyable?

What apps do you now use and can't live without?

Is your smart phone and/or pad your friend or foe?

How has your relationship with tech changed over recent years? Pros & Cons!

hope@visualalliance.com

Date: 8/7/15

July 2015

Jim McIngvale "Mattress Mack" - President/CEO, Gallery Furniture

Mack's Story

Jim "Mattress Mack" McIngvale has always believed in God, country, family and hard work. A tireless powerhouse, Mack is usually found standing at the front desk of the original Gallery Furniture store on North Freeway, greeting every customer and overseeing the sales activities of the store, seven days a week. He never stops moving, and his energy is infectious to all who come in contact with this Houston icon.

With only \$5,000 and a dream to build the world's biggest furniture store, Mack opened Gallery Furniture under tents on the side of the freeway over 30 years ago. He has never stopped charging forward and upward. TODAY, his dream is a multi-million dollar enterprise employing over 400 American workers.

Gallery Furniture (Headquarters)

6006 North Freeway

Houston, TX 77076

281-810-9746 (Store) 713-552-1055

Madison.Longust@loveadv.com

www.galleryfurniture.com/mattress-mack

Date: 7/31/15



Julie Kutak, PhD - Mission & Development Specialist

Alzheimer's 101: What you need to know to help others.

Currently, more than five million Americans are living with Alzheimer's disease or a related dementia. This talk will give timely information about the ten warning signs of Alzheimer's, tips for healthy aging, and ways that you can access the services of the Alzheimer's Association.

Alzheimer's Association - Houston & Southeast Texas Chapter
6055 South Loop East
Houston, TX 77087

713-314-1306
800-272-3900 Help Line
jkutac@alz.org
www.alztex.org
Date: 7/24/15

Ben Gordon - Master Gemnologist

The Jewelry Judge

Ben is a Master Gemnologist and great story teller. During his career, he's helped individuals and families with appraising their jewelry, as well as helped to solve many theft and fraud cases for law enforcement agencies.

Jewelry Judge
5433 Westheimer Suite 606
Houston, TX 77056

713-961-1432
judge@JewelryJudgeBenGordon.com
www.jewelryjudgebengordon.com
Date: 7/17/15

Member's Meeting - Laura Viada

Laura will lead a discussion on Favorite Houston Art Venues.

Date: 7/10/15

Off - Happy Holiday

Date: 7/3/15

June 2015

Taft McWhorter - Artist

Art in Personal and Public Places

Taft McWhorter, a self taught artist, has been selling his contemporary art in Houston for over six years, amassing a dedicated group of over 200 local collectors, with his work being displayed in many private and public collections, including fine restaurants and corporate settings. McWhorter's work is in fine art galleries in Houston and New Orleans and was represented at the 2009 Toronto International Art Fair.

Taft McWhorter Art
2101 Winter Street Studio B1
Houston, TX 77007

713-302-5225
taftmc@gmail.com
Date: 6/26/15

Mary Margaret Hansen

Finding Our Way Women Made Visible Through a Camera Lens

'Finding Our Way', curated for Talent in Texas VI by Paper City's Catherine Ansporn for FotoFest 2015, October 8 – November 14, 2015, is designed to serve as a catalyst for conversations on women's issues in Texas and photography as a medium of self-expression. It is paired with two Saturdays of public roundtable discussions and panels.

Mary Margaret Hansen and Patsy Cravens will pull images from a trove of nude photographs taken of one another in the early 1980s to use in tableaus, assemblages and projections that convey confinement, flight, freedom and moving on.

Mary Margaret Hansen
PO Box 9206
Houston, TX 77261

832-622-5452
mmh@mmhansen.com
Date: 6/19/15

Martha K Parker M.S. CPE - Owner/President

Three Easy Ergonomic, and Efficient Steps to Enhance your Productivity

Martha is a board certified ergonomist, who will share some ideas on how to enhance productivity in your office. As president/owner she works with Fortune 100 companies providing design, retrofit, and safety evaluations of new and existing workspaces. She is an A&M graduate in Bioengineering and Industrial engineering Speciality.

m-erg
832-532-3095 ex103
Martha@m-erg.com
Date: 6/12/15

Member's Meeting - Summer Reading Suggestions

A Praeclarus Summer Tradition!

We will discuss some great reads. Deborah Bay and Judge Katherine Cabaniss will share some of their recent finds. Please feel free to add your recommendations!!!

Date: 6/5/15

May 2015

Sandy Schultz - CEO

The WorkFaith Connection Works!

Sandy Schultz will talk about the important work of the WorkFaith Connection in our community.

WorkFaith Connection
10120 Northwest Freeway #200
Houston, Texas 77092

713-984-9611
sschultz@workfaithconnection.org
Date: 5/29/15



Marcia Tapp - Director of Resource Development

Marcia Tapp, Director of Resource Development, left a 24-year career in the hospitality industry to join the team of The Women's Home in 2002. She successfully led the community outreach and volunteer efforts for several years and has since led the development department since 2009. In her role, she directs The Home's expansion activities through planning campaigns, events, grants, and appeals. She develops and implements the strategic plan for the department and works as a liaison to consultants related to the brand's development and communication initiatives. She is a graduate of Indiana University. Marcia will be bringing one of the "clients" of The Women's Home to tell her story and then talk about the new project in Spring Branch.

Marcia Tapp
Director of Resource Development
The Women's Home
607 Westheimer Road
Houston, Texas 77006

713-328-1975
mtapp@thewomenshome.org
www.thewomenshome.org
Date: 5/22/15

Anna Dragsbaek - CEO

Immunization: What do you need to know?

Anna Dragsbaek of the Immunization Project will tell us about the latest health trends, anti-vaxxers, and legislative developments regarding immunization. Immunization Partnership

3000 Richmond, Suite 200B
Houston, TX 77098

281-400-3689
Date: 5/15/15

Sylvia Mayer

The Silver Check List

A guide to navigating decision making regarding care and independence as you or your loved one ages.

S. Mayer Law
P.O. Box 6542
Houston, TX 77265
713-893-0339

smayer@smayerlaw.com
Date: 5/8/15

Members Business Meeting

Review of Membership Process

Date: 5/1/15

April 2015

Marcia Tapp - Director of Resource Development

Marcia Tapp, Director of Resource Development, left a 24-year career in the hospitality industry to join the team of The Women's Home in 2002. She successfully led the community outreach and volunteer efforts for several years and has since led the development department since 2009. In her role, she directs The Home's expansion activities through planning campaigns, events, grants, and appeals. She develops and implements the strategic plan for the department and works as a liaison to consultants related to the brand's development and communication initiatives. She is a graduate of Indiana University.

Marcia will be bringing one of the "clients" of The Women's Home to tell her story and then talk about the new project in Spring Branch.

Marcia Tapp
Director of Resource Development
The Women's Home
607 Westheimer Road
Houston, Texas 77006

713-328-1975
mtapp@thewomenshome.org www.thewomenshome.org
Date: 4/24/15

Kelly Zuniga - Executive Director

Holocaust Museum

Holocaust Museum Houston, is dedicated to educating people about the Holocaust, remembering the 6 million Jews and other innocent victims and honoring the survivors' legacy. Using the lessons of the Holocaust and other genocides, they teach the dangers of hatred, prejudice and apathy. Since it's opening in 1996, impassioned notes, poems, artwork and other gifts, from school children and adults alike, attest to the life-changing thoughts generated by just one visit to this unique facility. Kelly will speak about the museum's mission, current and upcoming 2015 exhibits.

Holocaust Museum Houston
5401 Caroline
Houston, TX 77004
713-527-1607

Kzuniga@hmh.org
www.hmh.org
Date: 4/17/15

Kenny Thompson - "Lunch Angel"

Feed the Future Forward

Kenny will talk about the elimination of alternative lunch programs in all Houston area schools. Nutrition makes a difference to a student's success, self-esteem, and overall performance. There should never be an alternative to a student's lunch, only lunch options!

Feed The Future Forward
P.O. Box 79722
Houston, TX 77279
713-375-2014

feedthefuture@sbcglobal.net www.feedthefutureforward.com
Date: 4/10/15



Off For Easter

Date: 4/3/15

March 2015

Dr. Rebecca Norton - Veterinarian

The Reality of Veterinary Medicine

Dr. Rebecca Norton received her DVM from the University of Minnesota, College of Veterinary Medicine in 2010. After graduation, she completed a one year rotating internship in small animal medicine, surgery, and emergency at Dogs and Cats Veterinary Referral in Bowie, MD. She entered her three year residency program for small animal internal medicine at Gulf Coast Veterinary Internal Medicine in July

2011. Dr. Norton will discuss her work at Gulf Coast Veterinary Specialists.
Gulf Coast Veterinary Specialists

713-693-1111
www.gcvcs.com
Date: 3/27/15

Nao Kusuzaki - Soloist, Houston Ballet

Tsuru — The Crane

The Houston Ballet soloist will talk about her upcoming project with Asia Society Texas, a world premiere dance piece based on a famous Japanese folktale (The Crane Wife). The production weaves Eastern and Western theatrical influences, accompanied by creative soundscapes of classical music and new composition.

Houston Ballet
601 Preston St.
Houston 77002

713-523-6300 phone (administrative office)
713-523-4038 fax (administrative office)
info@houstonballet.org
Date: 3/20/15

Emily LaCour - Artist

Emily LaCour is a working artist and adjunct professor of painting and drawing at LSU. She has won numerous awards and been featured in a number of exhibitions including Everything is Better in Public, MFA exhibition in Dallas, TX and Prospect 3+ Invitational in Baton Rouge, LA. Emily will show some of her recent work and discuss her life as an artist and teacher.

281-798-2012
www.emilylacour.com
Date: 3/13/15

Michael Leiberman - Author

Michael will discuss his new novel The Women of Harvard Square

Date: 3/6/15

February 2015

Emily deAyala MA, LPC, LMFT, CST

Pillow Talk: The Basics About Human Sexuality and What You Should Know Emily is an AASECT certified sex therapist who focuses on treating sexual dysfunction in both men and women. She completed her undergraduate work at UT - Austin and her graduate work at St. Edward's, with a dual emphasis in marriage and family therapy and licensed professional counseling.

2006 Commonwealth St.
Houston, TX 77006

832-489-4503
emilydeayala@gmail.com
www.houstonsextherapy.com
Date: 2/27/15

Sarah Taylor - Education Manager of Alzheimer's Association

Understanding Difficult Behaviors

There are things you can do to put off the onset of dementia and Alzheimer's. Hear Sarah explain these and other enlightening things about her organization's work. "She adds a special personal note to all her talks!" Donna Milstein.

Houston & Southeast Texas Chapter
6055 South Loop East @ Long Dr.
CHouston, TX 77087

713-314-1383
800-272-3900 Help Line
staylor@alz.org
Date: 2/20/15

Jennifer Cook, MA - Director

The Albert Schweitzer Fellowship Program: The New Classroom

Jennifer Cook is the program director for the Houston-Galveston Albert Schweitzer Fellows Program. ASFHG is a community-based, mentored, direct service, multidisciplinary, leadership development program that works to improve the health and well-being of underserved communities across Greater Houston and Galveston through graduate and medical students.

Albert Schweitzer Fellowship
Houston Galveston Baylor College of Medicine
3701 Kirby Drive, Ste. 600
Houston, Texas 77098

713-798-1045
713-798-7940 Fax
Jennifer.cook@bcm.edu
www.schweitzerfellowship.org/chapters/houston/
Date: 2/13/15



Lynda Daniel & Hope Fonte - Member's Meeting

Our business meeting will center around more clearly defining "retirement of a business category" per our Club Bylaws & Constitution. The recommendation to address this was made at our October 2014 business meeting. With the interface of a review committee along with Board input, Pts. 4 & 5, ARTICLE IV, Constitution of Praeclarus, were rewritten and are now being proposed for membership approval.

Date: 2/6/15

January 2015

Elizabeth Neeld

*The Unpredictable Arc of Our Working Lives
Unpredictable happenings with working lives.*

Date: 1/30/15

Paule Anne Lewis - President & CEO

Overview of Operatons and Mission of the San Jose Clinic

San Jose is the original safety net clinic for patients that have no or limited medical coverage. It began 90 years ago as an outreach of the Charity Guild of Catholic Women. It is a ministry of the Archdiocese of Galveston and Houston. It provides medical, dental, nutrition and pharmacy services and is a United Way Agency. It is a ministry of the Archdiocese of Galveston and Houston.

San Jose Clinic
2515 Fannin
Houston, Texas

713-228-9411
pauleannelewis@sanjoseclinic.org
Date: 1/23/15

Dr. Shama Essa - Optometrist

The latest in eye health

Dr. Essa a specialist in dry eyes, contact lenses, treatment of ocular disease and the management of cataract and refractive surgery patients. At Slade & Baker Vision Center, Dr. Essa performs comprehensive eye examinations, cataract evaluations, identifies refractive surgery candidates, provides pre-and post-operative care of surgical patients, and fits both simple and specialty contact lenses. Dr. Essa is also a part-time clinical faculty member at the University of Houston College Of Optometry serving as an attending doctor.

Slade & Baker Vision Center
3900 Essex Lane Ste. 101
Houston, TX 77027

713-626-5544
dressa@visiontexas.com
Date: 1/16/15

Members Only Meeting

By Laws/Favorite Things from 2014
Date: 1/9/15

Happy New Year
Date: 1/2/15

December 2014

Happy Holidays

Date: 12/26/14

Eva Archer-Smith - Executive Coach/Facilitator/Keynote Speaker

Our Strengths and Stand Out Reports

After an initial review on 10/31 and 11/07, members requested a second look and time to discuss their Strength-finder and Stand Out reports. In this redux session, Executive Coach, Eva Archer-Smith, will lead an open discussion exploring what these assessments mean in practical terms and what our collective findings mean for Praeclarus as it moves into its 36th yr. Eva will supply copies of the group reports. Please bring your individual reports if you can.

4617 Montrose Blvd.
Houston TX 77006

713-528-7020
713-528-5070 Fax
eva@evaarchersmith.com
Date: 12/19/14

Tina Ozcelik - Owner/President

EyeGlasses the New "IT" Accessory

Young entrepreneur, Tina Ozcelik, has opened her third Eye Gallery shop in the new Whole Foods center on Post Oak. Along with her other two stores in Rice Village and River Oaks, Eye Gallery offers a wonderful variety of the latest in prescription and non-scrip eyewear. Glasses are now the "it" accessory and Tina will be with us to talk about how she started and grew her business and what we need to understand about the wild, hot trend of eyewear.

Eye Gallery of Houston
1806 Westheimer Suite B
Houston TX 77098

713-523-1279
info.eyegalleryhouston.com
Date: 12/12/14



Member's Only Perishable Gift Exchange

We will resurrect our traditional Praeclarus gift XChnge...with one important twist. CONSUMABLE/USABLE GIFTS ONLY. Bring something that will be used up in a day or by this time next year...think food, drink, movie tickets, lotions, gift cards...be creative. Cost guidelines again around \$25

Date: 12/5/14

November 2014
Happy Thanksgiving
Date: 11/28/14

November 2014

Happy Thanksgiving
Date: 11/28/14

Angie Jones & Kathleen Perley

Marketing & Movie Update

The folks at Decode Digital will present marketing in today's social media environment. They will also present their work on "I Dream Too Much", the movie co-produced by Pantheon of Women and submitted to Sundance.

Decode Digital
3115 Allen Parkway, 3rd Floor
Houston, TX 77019

713-352-8440
info@decodedigitalmarketing.com
Date: 11/21/14

Patty Adamik

The Secret Language of Living Systems

Patty will discuss how the way we move influences our thought processes, perspectives and communication.

281-615-6007
pattyadamik@gmail.com
Date: 11/14/14

Eva Archer Smith - Business Coach, Consultant & Public Speaker

Stand Out - Discover Your "Edge"

Eva will present a second Friday Program Series also related to our "strengths" and focused on talents and skills. Aply named "StandOut" this assessment measures how well you match 9 Roles and reveals your primary Role and secondary Role.

These top two Roles are the focal point of your talents and skills. They represent your instinctive way of making a difference in the world. StandOut helps you accelerate your performance by showing you actions you can take to capitalize on your comparative advantage.

Your top two Roles may not be how you see yourself. Instead they capture how you show up to others. They pinpoint your recurring reactions and your behaviors. They are your "edge" in your work.

Date: 11/7/14

October 2014

Eva Archer Smith - Business Coach, Consultant & Public Speaker

StrengthsFinder 2+

Eva will lead a program for our group taking place over this and the following Friday, Nov 7th on the science of personal strengths. From more than 50 years of research to our bestselling books, Gallup's StrengthsFinder assessments have helped millions of people discover what they do best. Everyone will be asked to complete a SF assessment in advance of this program.

4617 Montrose Blvd. Suite C-205
Houston, Texas 77006

713-528-7020
eva@evaarchersmith.com
Date: 10/31/14

October 2014

Sharon Plummer - Artist and Owner

The Beauty of Mosaic Art

Some of the earliest known examples of mosaics date back to around 3,000 BCE and still survive today. The durability and beauty of mosaics extend from ancient times and have evolved into contemporary mosaic artworks. Sharon will introduce us to this ancient art form and bring us up to date on many of the current techniques and materials of contemporary mosaics by way of a slide show and discussion.

Plum Art Mosaics
713-669-9640
plumart@comcast.net
Date: 10/24/14

Miriam Mendoza - Director, Artist-in-Residence Program

Crafting the Future

The Houston Center for Contemporary Craft welcomed the first members of its 2014/2015 class of Artist-in-Residence in September. These talented and creative individuals were selected through a competitive screening process, across various media. Miriam Mendoza will discuss the process and introduce us to the work of the new class of AIRs.

Houston Center for Contemporary Craft
4848 Main Street
Houston, TX 77002

713-529-4848
Mmendoza@craftthouston.org
Date: 10/17/14



Mary B. McIntire - Ph.D., Dean

Rice Continuing Education Tour

We will meet for breakfast this Friday at the Glasscock School of Continuing Education located on Rice Campus. Mary will personally give us a tour of the building and overview of the school's most recent accolades.

*Here are parking directions that should work for everyone:
From Rice Blvd., enter campus at Entrance 18.
At the first stop sign, turn right.*

On your left, you will see the entrance to West Lot 1. You will need a credit card to enter and exit this lot. We suggest parking at the end of the lot opposite where you entered, which will position you closer to the building.

The Anderson-Clarke Center is close to West Lot 1. It is Building #4 on the Rice Campus Map, which can be found at www.rice.edu/maps. We suggest printing this map and taking it with you, if you are not familiar with the building location.

Glasscock School of Continuing Studies
6100 Main
Houston, Texas 77005

713-348-4803
maryb@rice.edu
Date: 10/10/14

Member's Meeting - Lynda Daniel & Hope Fonte

The focus of this meeting will be to briefly review, discuss and ultimately vote to approve proposed changes to our Praeclarus Bylaws & Constitution. Changes to these documents need to be approved by a quorum of our membership. We know this is not exciting subject matter but we do need our membership's support in getting this accomplished. Thank you to all in advance!!! :-)

Date: 10/3/14

September 2014

Claire Hulsebosch, Ph.D - Professor

Dept of Neurobiology & Anatomy

The University of Texas Health Science Center

"Nothing Can be Done"

After hearing this throughout her life, our speaker took action. Her main area of concentration is with spinal cord injuries and traumatic brain injuries. She is a highly respected scientific advisor to numerous prestigious research centers and boards. She is published in several scientific journals. Claire will be sharing with us her story of overcoming adversity to reach her lofty goals as well the latest successes with her research.

To read more about her:

www.uth.tmc.edu/nba/resources/faculty/members/hulsebosch.html

713-500-5090
cdaum@aol.com
Date: 9/26/14

Join fellow Praeclarus Members for the 30th Annual Retreat

Date: 9/19/14

Michelle Colvard - Corporate Responsibility Officer for Research

Speed Bumps and Pedestals:

Lessons Learned While Living Life with a Disability

A nationally-recognized speaker on her life in a wheelchair, Michelle Colvard will speak about her experiences as an advocate, professional, adventurer and beautiful woman with a disability.

CHI St. Luke's Health
mcolvard@gmail.com

Date: 9/12/14

September 2014

Jillian Day and facilitated conversation - Director of Development

Connecting the Dots: A Look Backwards

In his commencement speech to Stanford's graduating class of 2005, Steven Jobs made his famous quote by saying, "You can't connect the dots looking forward; you can only connect them looking backwards." We're all made transitions throughout our personal and professional lives, so Jillian will take us on a facilitated conversation about those and what we've learned from them in hindsight.

Vita-Living, Inc.
3300 S. Gessner, Suite 150
Houston, TX

713-292-1835
jday@vitaliving.org
Date: 9/5/14

August 2014

Labor Day

Date: 8/29/14

Andrea Bouchey Young - President & COO

Horse racing & gambling in Houston

Future of gambling and horse racing in Houston.

Sam Houston Race Park
7375 N. Sam Houston Pkwy W
Houston, TX 77064

281-807-8700
ayoung@shrp.com
Date: 8/22/14

Gretchen Sheirr - Vice President, Ticket Sales & Services, Houston Rockets

The business of marketing the Houston Rockets

Date: 8/15/14



Marcia H. Faschingbauer - President, Excargo Services Inc.

Trucking & the Port of Houston

A successful owner of a trucking company mainly serving clients shipping through the Port, Marcia will discuss transportation challenges & impact on Houston.

Excargo Services Inc.
5330 Gulf Freeway
Houston, TX 77023

832-204-4253
mhfaschingbauer@excargo.com
Date: 8/8/14

Jo Reid - Member

What's Hot in the Houston Real Estate Market

Jo will discuss the hot Houston real estate market.

Date: 8/1/14

July 2014

Carole Wright - Member

World Travel

Carol will discuss her worldly travels

Date: 7/25/14

El Matha Wilder, Nancy Rust, Amy Schmidt

Cool entertainment, Members

Summer Movies, TV, & Books

A review of what's fun, exciting and mind altering on the big screen, the smaller screen and the even smaller screen.

Date: 7/18/14

Mary McIntie & Susan Bischoff - Members

Food and Fun in Houston

Mary McIntire: Summer Houston Restaurant Review

Susan Bischoff: Summer Houston Entertainment

Date: 7/11/14

Happy 4th

Date: 7/4/14

June 2014

Mary Jane Wimberly - Medical Aesthetician

The Power of Things that Get Results

Curious about the latest fad on using hormones for beauty? Wonder how chafing cream can be an unknown arsenal in your beauty kit? Mary Jane Wimberly, a well-known medical aesthetician, is more passionate about health, beauty and hormones than anything else. She will share her tried-and-true beauty secrets to keep your skin looking decades younger and to help you feel as young as you want.

Sugar Land Medical & Aesthetics Spa
3519 Town Center Blvd Suite B
Sugar Land, TX 77479

713-702-3097

Date: 6/27/14

June 2014

SJ Swanson

The Quick and Dirty on Social Media from a Business Woman's Perspective

Do you wonder how to use LinkedIn for your business? Are you confused about the difference between a tweet and a hashtag? Independent business owner and lawyer SJ Swanson will give us the "quick and dirty" on using social media to expand your business and leverage the power of online platforms like Facebook and Twitter.

Swanson Law Firm PLLC
310 Main, Suite 201
Houston, TX 77002

713-881-9742
sjswanson@swansonpllc.com
Date: 6/20/14

30th Anniversary Party

Thursday evening, June 12th we're at a 30th Anniversary Party at Lynda Daniel's home. So on Friday, 13th we're off, No Meeting at St. Regis

Date: 6/13/14

Members Only Meeting

Anne Clayton - Attorney, Senior Trainer

You've Come a Long Way, Baby. Status of Women in the Workforce.

Darlene Walker & Associates
4224 Byron St
Houston, TX

713-667-2224
anneclayton@swbell.net
Date: 6/6/14



May 2014

Michael Leiberman - Author

Author - The Lobsterman's Daughter

Michael Leiberman, a research physician and poet who living in Houston with his wife Susan, has published five collections of poems and won the 2001 Pen-Texas Award for fiction. His first novel, Never Surrender—Never Retreat, was published by Texas Review Press in 2012, and his latest collection of poetry, Bonfire of the Verities, was released by TRP in 2013.

mikewlieberman@gmail.com

Date: 5/30/14

NO MEETING - Memorial Day Weekend

Date: 5/23/14

Molly Dill - General Manager

Working for Houston Grand Opera

Molly has worked for Houston Grand Opera for the past eleven years in a number of different management roles. As Rehearsal Administrator she established the company's new Rehearsal Department in 2002; she then went on to become Production Administrator, then Director of Production, and now is the General Manager. Before joining the HGO staff, Molly worked for three seasons as the Company Manager for Portland Stage Company, Maine's only LORT theater. Prior to that she enjoyed many years working as a stage manager with opera and theater companies across the country, including Lyric Opera of Chicago, Opera Theater of St. Louis, Houston Grand Opera, Glimmerglass Opera, and Portland Stage Company. Molly has proudly served as a mentor with USITT's Stage Management Mentoring Project.

Houston Grand Opera

510 Preston Street
Houston, TX 77002

713-546-0200

www.houstongrandopera.org

Date: 5/16/14

Laura Lynch - Wardrobe Manager

Managing the costume department for the Houston Ballet

2009 to present Wardrobe manager, 2009 - 1998 Costume Shop Supervisor Houston Ballet. 1993 - 1998 Sewing Super New York tour Phantom of Opera. Before that freelance so many theatre venues 1993 - 1984.

Houston Ballet

550 Prairie
Houston, TX 77002

www.houstonballet.org

Date: 5/9/14

Members Only Meeting

Jillian Day - Director of Development, Vita-Living, Inc.

Five Great Sayings from the Ladies who came before Me

If they are lucky, young girls grow up into confident young women through the careful molding and mentoring of those who came before them. This path is often filled with sayings, axioms or stories that echo throughout our lives. I'll be speaking about the five great sayings that were shared with me by those who came before and their influence on my life. I'll also share the one big lie that rings true at every stage in my life.

Date: 5/2/14

May 2014

Members Only Meeting

Jillian Day - Director of Development, Vita-Living, Inc.

Five Great Sayings from the Ladies who came before Me

If they are lucky, young girls grow up into confident young women through the careful molding and mentoring of those who came before them. This path is often filled with sayings, axioms or stories that echo throughout our lives. I'll be speaking about the five great sayings that were shared with me by those who came before and their influence on my life. I'll also share the one big lie that rings true at every stage in my life.

Date: 5/2/14

April 2014

Alli Jarrett

Heights General Store is an amazing store and restaurant on 19th Street. Owner, Alli Jarrett will speak about her transition into the restaurant business, and provide us with some great restaurant insider's tips!

Owner, Heights General Store

350 West 19th Street
Houston, TX 77008

713-360-6204

allijarrett@gmail.com

www.heightsgeneralstore.com

Date: 4/25/14

Good Friday OFF for Easter

Date: 4/18/14

Dr. Uchenna C. Ossai, PT, DPT, WCS, CLT

Pelvic Floor Dysfunction

Dr.Ossai is a board certified women's health physical therapist that specializes in female and male pelvic floor dysfunction. What are some solutions for these problems?

Methodist Center for Restorative Pelvic Medicine

6560 Fannin St., Scurlock Tower Suite 2100,
Houston, TX 77030

713-441-9220

Date: 4/11/14



Members Only Meeting

Katherine Cabaniss - Judge of 248th District Court

Katherine will review her experiences from her first year on the bench.

248th District Court
1201 Fannin
Houston, TX 77002
Date: 4/4/14

March 2014

Devon Anderson - District Attorney
Current Criminal Justice Issues

Devon Anderson, District Attorney, will discuss current issues in Criminal Justice in Harris County.

Harris County, Texas
1201 Franklin, Suite 600
Houston, Texas 77002

713-755-5800
Date: 3/28/14

Alli Jarrett

Heights General Store is an amazing store and restaurant on 19th Street. Owner, Alli Jarrett will speak about her transition into the restaurant business, and provide us with some great restaurant insider's tips!

Owner, Heights General Store
350 West 19th Street
Houston, TX 77008

713-360-6204
allijarrett@gmail.com
www.heightsgeneralstore.com
Date: 3/21/14

Nikki Richnow - Volunteer & Board Member

Freedom Place - A home for the victims of Human Trafficking

Nikki Richnow, one of the original founders of Freedom Place, will speak about the impact of Human Trafficking in our community and the work of Freedom Place.

Freedom Place
4014 Meadowlake
Houston, Texas 77027

713-877-1096
richnow@me.com
Date: 3/14/14

Mary Beth Staine - Executive Director Bo's Place

Members Meeting

Member Mary Beth Staine will show a photo exhibit highlighting the work of Bo's Place.

Date: 3/7/14

February 2014

Evelyn Merz - Conservation Chair

Buffalo Bayou/Memorial Park Demonstration Project

The speaker will discuss environmental concerns relating to controversial plans for Buffalo Bayou where it flows through one of the most untamed areas within the city limits in Memorial Park and the Hogg Bird Sanctuary.

Sierra Club
713-644-8228
elmerz@hal-pc.org
Date: 2/28/14

Sandra P. Gomez, MD FAAHPM - MHMD System Director Supportive Medicine/Palliative Care

Supportive Medicine/Palliative Care

Dr. Sandra Gomez is a graduate of the University of Washington School of Medicine and received her training in Palliative Medicine through the PCEP program at Harvard School of Medicine where she received the title of Faculty Scholar. She currently serves as Memorial Hermann Physician Network (MHMD) System Director for Supportive/Palliative Medicine and oversees operations of 5 hospitals in Houston.

Dr. Gomez is also the founder of Symptom Management Consultants (SMC) a medical practice dedicated to providing physician home visits for patients needing chronic care who are home bound or patients facing terminal illness. She serves as an adjunct faculty for MD Anderson Cancer Center's Fellowship in Palliative Medicine and has written chapters in medical textbooks to promote the field of pain management and Palliative Care. She is married to John, her husband of 12 years and mother of 4 kids 10 and under.

Memorial Hermann, The Woodlands
9250 Pinecroft
The Woodlands, TX 77380

832-644-6496
832-573-6680 Cell
832-644-6499 Fax
Date: 2/21/14



Joan Son - Origami Artist

Time Travelers

It's Valentine's Day and we looked for someone who is passionate about her work. We invited origami artist Joan Son to tell about her latest project, a work that grew out of a girlhood passion and has again become a passion.

In the fold
904 Welch
Houston, TX 77006

713-522-5377
joanson@thefold.com
Date: 2/14/14

El Matha Wilder - Sharing a beautiful Friend

Celebrating Doris Treasures

We will have a light breakfast with coffee and juice. All of Kastafior's inventory will be 60% off

Ivannia's
2800 Kirby Dr,
Houston, TX 77098

713-874-0729
Date: 2/7/14

January 2014

Courtney Altimore - Regional Director of Business Development

Memorial Hermann's advances to keep Houston on the cutting edge of the best healthcare!

Memorial Hermann
909 Frostwood, Suite 1.100
Houston, TX 77024

281.723.9950
Courtney.Altimore@memorialhermann.org
Date: 1/31/14

Paule Anne Lewis - Executive Director

The Mission and Operations of the San Jose Clinic

The San Jose Clinic is the original safety-net clinic in Houston. It was founded 90 years ago and is a leading provider of quality services for individuals and families in the Greater Houston area. It is a ministry of the Archdiocese of Galveston-Houston.

San Jose Clinic
2615 Fannin Street
Houston, TX 77002

713-228-9471
713-490-4621 Fax
plewis@sanjoseclinic.org
Date: 1/24/14

Dr. Ashley Jordan Ferira RD.LD & Bonnie Lynn Berube MS.RD.

Ashley: Senior Research Nutritionist

Bonnie: President BLB Consulting Inc.

The Not So Final Word on Dietary Supplements. Where is the Evidence Really?

The science based evidence and information, will be presented, regarding the current press releases regarding the use of supplements. Dr. Ferira will conference in from Pharmavite LLC, Department of Scientific Affairs, Northridge, California and join Bonnie Berube

CPharmavite LLC (Bonnie : BLB Consulting Inc)
1425 Blalock, Suite 107
Houston, TX 77055

Ashley: 818-221-6365
Bonnie: 713-785-6481
713-785-7200 Fax

Ashley: ashleyjordanferira@gmail.com

Bonnie: blb1@earthlink.net

Date: 1/17/14

Eva Archer Smith

How's That Working for You?

As we prepare to make changes — large or small — in the new year we often overlook one of our most powerful tools for change and acceleration. That tool is taking a good, hard, and fresh look at what's actually working for us and thinking creatively about how to leverage that in new ways. In the highly-interactive and practical session, Eva will lead us through an inquiry of how we can recognize and use what's working well.

713-528-7020
eva@evaarchersmith.com
Date: 1/10/14

Happy New Year

Date: 1/3/14